

COLUMBUS HEALTH AND REHABILITATION CENTER

Columbus Health and Rehabilitation Center, located behind Columbus Regional Hospital, is the largest nursing home in the area. It is owned and operated by Kindred Healthcare, which operates thirty-three other facilities in Indiana. They have capacity to support 212 residents, and each bed is “dual certified” for both Medicare and Medicaid. The facility generally has availability for new Medicare, Medicaid, and private-pay residents. New admissions can be coordinated twenty-four hours a day and tours and assessments are offered anytime.

Columbus Health and Rehab has a large Medicare rehabilitation program with thirty-eight private suites. Each room is furnished, has its own bathroom, and comes complete with complimentary cable, telephone, wireless internet, daily newspaper, and laundry. Therapy is performed on the residents five days a week. Each patient is also allowed five free meals for family and friends who come to visit. This portion of the facility is separate from long-term care residents.

The remainder of the rooms at Columbus Health and Rehab are semi-private. Each room is reserved for long-term care residents and has all the amenities of the Medicare suites except for phone and newspaper services.

Columbus Health and Rehab has a dedicated Alzheimer’s/dementia unit known as Reflections. There are twenty-two beds in this wing, and it is often full. The Alzheimer’s/dementia unit is a locked-down area with a separate dining room and enclosed courtyard. In order to be admitted into this wing, residents must generally be able to perform activities of daily living (walking, bathing, toilet use, and feeding). Columbus Health and Rehab coordinates a support group meeting for family and friends of those suffering from Alzheimer’s and dementia each Tuesday.

The medical staff at Columbus Health and Rehab consists of a medical director, nurse practitioner, psychologist, and registered dietitian. The daytime ratio of Certified Nursing Assistants (CNAs) to residents is roughly one to eight. There are also Registered Nurses (RNs) and Licensed Practical Nurses (LPNs) that are kept on staff at a ratio of about one to twenty. They also employ ten rehabilitation therapists. Columbus Health and Rehab has a specialized wound care team that coordinates closely with Columbus Regional Hospital. Another service they offer is called “Angel Care” where each resident is assigned a staff member who makes regular visits to check on the resident’s well-being and serves as liaison to the resident’s family.

Columbus Health and Rehab has a unique nutrition program. Resident-specific diets are developed by the staff dietician, and meals are geared toward each resident’s needs and desires. Residents are given three meals per day, served restaurant-style. Columbus Health and Rehab is also in the midst of revamping their food options and creating a fine dining program that includes a continental-style breakfast.

Columbus Health and Rehab employs four activities directors who help keep the residents active. The activities directors coordinate things such as coffee hour, religious gatherings, bingo, and nail painting. Transportation can be arranged for residents who need to leave the facility but it may be an additional expense.

Expenses:

There is no buy-in fee or lease period and rent is payable month-to-month based on the following daily rates:

Semi-private Room.....	\$167
Alzheimer's/Dementia Room.....	\$185
Private Room.....	\$237

Potential Additional Expenses:

- phone for long-term care residents
- haircare
- transportation

Temporary Stays:

- Respite Care.....daily rate
- Adult Daycare is not offered

Contact Information:

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Note: Information Current as of February 10, 2009.